

Self-Directed Personality Dimensions® Bridging

Course Outline

Course Developer(s)

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Course Format

There are several learning activities students will need to complete in order to satisfy the course completion requirements: (a) readings, (b) webinar, (c) critical reflection, (d) coaching appointment, and (d) closing activities.

Overall this course should take 6 hours to complete.

Course Prerequisites

True Colors / MBTI certification or equivalent approved by Career/LifeSkills Resources (CLSR).
Participation in a Personality Dimensions® Awareness workshop highly recommended.

Course Description

Personality Dimensions® is a comprehensive model that deepens understanding of, and appreciation for, individual differences. To use this model, True Colors / MBTI certified facilitators need to successfully complete the Bridging program.

Course Objectives

General:

Building on their foundational knowledge of True Colors / MBTI, course participants will develop/enhance their knowledge of Personality Dimensions® with a specific focus on understanding personality type/temperament history, and exploring the tool's history, development, and components.

Learning Objectives:

Upon successful completion of this course, students will be able to:

- Explain the unique features of Personality Dimensions® components and compare/contrast them to the personality assessment tools they are currently using (e.g., True Colors / MBTI)
- Develop, market, and facilitate Personality Dimensions® awareness and application workshops
- Customize topical workshops using a variety of components and experiential activities

Required Texts / Supplies

Personality Dimensions Facilitator (Level 1) Training package. This package is included in course fees and will be mailed to registered participants.

Course Completion Requirements

Students must successfully complete all the learning activities described.

Learning Philosophy/Approach

LearnOnline is a student-centred, dynamic community where instructors and students co-create an engaging safe space to reflect, share, and grow together. Life Strategies is committed to infusing principles of equity, diversity, and inclusion within all our endeavors, including our e-learning offerings. We recognize that learning is a lifelong process impacted by our lived experiences and relationship to others and appreciate the unique learning preferences our students hold as they balance complex lives.

Life Strategies invites students to integrate their unique contexts within their e-learning journey and honour their personal learning goals. Together our learning community can support enhancing our professional community. We expect students, instructors, and administrative staff to treat others with respect and kindness, even when differences of opinions arise. We acknowledge, however, that sometimes our efforts to make people feel welcomed and included may fail, so we are always open to feedback to inform adjustments and improvements going forward.

Online Instruction Overview

This online course will be conducted using the “Moodle” course management system. Registered students will receive log-in instructions by email. Although this course will provide comprehensive content and students can progress through at their own pace and timeline, active participation in the course activities will enrich the learning significantly.

Operational Requirements

As this course is offered entirely online, students must have reliable Internet access and be comfortable using Internet technology and participating in discussion forums.

Within each course, topics open and close on specific days facilitating learning as a cohort. Although there is flexibility in times of day to post, students will be expected to adhere to the course schedule and spend a similar amount of time on this course as they would in a classroom-based environment of 6 hours to achieve course mastery (i.e., 80%).

Documents will be posted in Word, PowerPoint, and PDF — students must be able to download these documents and also upload similar documents. Web conferencing software (e.g., Zoom) may also be utilized.

Students can count on our team for support if any technical challenge arises during the learning process. Contact us by sending an email to info@lifestrategies.ca so we can assist as soon as possible.

Accommodation

We recognize that every student has different learning styles. We want to make sure each student gets the most out of their learning experience with us. If there is any special need and/or disability which needs accommodation or special consideration throughout the course, please let us know prior to the course start so that we can work collaboratively to more effectively meet those needs.



Life Strategies is a truly remote workplace with staff and associates working across a wide variety of traditional, ancestral, unceded and occupied Indigenous Lands. We want to take a moment to acknowledge the territory and thank the Nation(s) for allowing us visitation on their traditional lands and invite you to do the same. If you are connecting from Canada, please go to <https://native-land.ca> to learn more about and to reflect upon the lands you are joining us from.

