

Career Theory Supplement

Course Outline

Course Developer(s)

Dr. Roberta Borgen (Neault), CCC, CCDP, GCDF-i

Dr. Deirdre Pickerell, CPHR, GCDF-i

Course Format

10 hours, self-study

Course Prerequisites

Completion of *Career Development Foundations, Emerging Theories, and Models* or equivalent course as approved by Life Strategies Ltd.

Course Description

This course will expand on the traditional and emerging career development theories, models, and strategies introduced in *Career Development Foundations, Emerging Theories, and Models* to provide an additional 10 hours of career-theory training.

Course Objectives

General:

Participants will further enhance their knowledge of career development theories and skills in applying theories with clients. The course is aligned to the [Pan-Canadian Competency Framework for Career Development Professionals](#).

Learning Objectives:

Upon successful completion of this course, students will be able to:

- Demonstrate an understanding of traditional and emerging vocational counselling theories and practices
- Explain the career development process
- Assist clients in a theory-based process of self-discovery, self-esteem building, and realistic goal setting
- Integrate career development theories with current labour market realities

Required Texts / Supplies

Arthur, N., Neault, R., & McMahon, M. (Eds.). (2019). *Career theories and models at work: Ideas for practice*. CERIC. (eBook or Print available from [CERIC](#))

Additional Readings

Throughout the course, relevant readings will also be posted on our website.



Course Completion Requirements

Students must achieve an overall grade of at least 80% to successfully complete a course.

Learning Philosophy/Approach

LearnOnline is a student-centred, dynamic community where instructors and students co-create an engaging safe space to reflect, share, and grow together. Life Strategies is committed to infusing principles of equity, diversity, and inclusion within all our endeavors, including our e-learning offerings. We recognize that learning is a lifelong process impacted by our lived experiences and relationship to others and appreciate the unique learning preferences our students hold as they balance complex lives.

Life Strategies Ltd. continues to serve as an industry leader supporting local, national, and international strides forward in the professionalization of the career development sector. As a result, our courses are well positioned to respond to current and emerging trends, ethical and professional standards, and evidence-based practices from a variety of related sectors (e.g., HR/business, education, counselling). Life Strategies recognizes and values the diverse educational and employment backgrounds of individuals from within the career development sector and welcomes contributions that bridge across sectors, contexts, and clientele.

Life Strategies invites students to integrate their unique contexts within their e-learning journey and honour their personal learning goals. Together our learning community can support enhancing our professional community. We expect students, instructors, and administrative staff to treat others with respect and kindness, even when differences of opinions arise. We acknowledge, however, that sometimes our efforts to make people feel welcomed and included may fail, so we are always open to feedback to inform adjustments and improvements going forward.

Online Instruction Overview

This course will incorporate self-paced readings, activities, and a final assignment. Students can connect with the instructor via email to address any questions or concerns.

Students must have reliable Internet access and be comfortable using Internet technology.

Accommodation

We recognize that students have different learning styles. We want to make sure each student gets the most out of their learning experience with us. If there is any special need and/or disability which needs accommodation or special consideration throughout the course, please let us know prior to the course start so that we can work collaboratively to more effectively meet those needs.

Life Strategies is a truly remote workplace with staff and associates working across a wide variety of traditional, ancestral, unceded and occupied Indigenous Lands. We want to take a moment to acknowledge the territory and thank the Nation(s) for allowing us visitation on their traditional lands and invite you to do the same. If you are connecting from Canada, please go to <https://native-land.ca> to learn more about and to reflect upon the lands you are joining us from.

