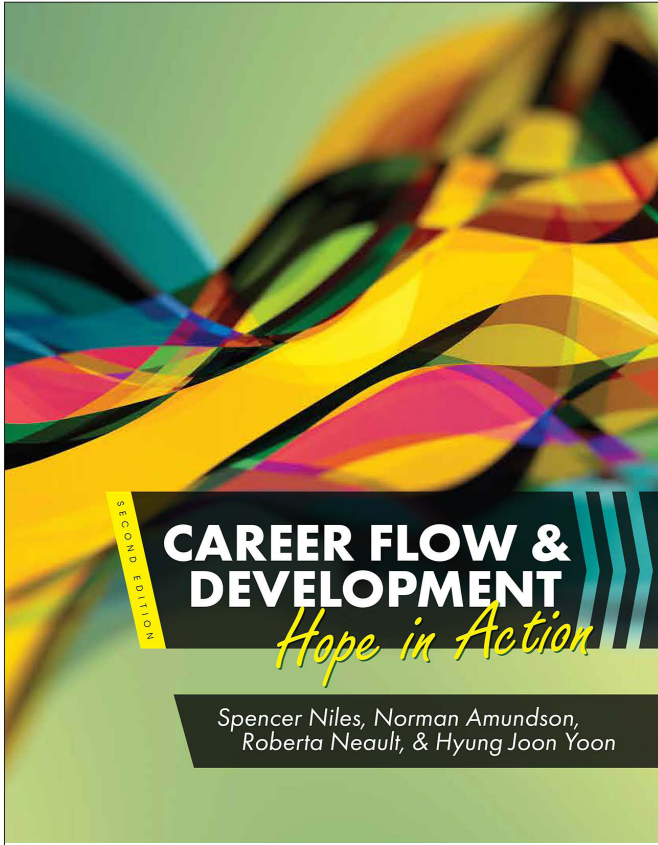


INSPIRING ACADEMIC EXCELLENCE THROUGH INNOVATIVE TITLES



Career Flow and Development

Hope in Action

Second Edition

*Spencer Niles, Norman Amundson,
Roberta Neault, and Hyung Joon Yoon*

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Career Flow and Development: Hope in Action introduces students to Hope-Action Theory, a model that emphasizes the centrality of hope in identifying positive career possibilities grounded in self-clarity emerging from systematic self-reflection. The book highlights how students can apply self-clarity to create a personalized vision of a future professional or educational career.

Based on leading theories of human behavior and organizational management, the Hope-Action Theory provides students with a dynamic set of tools that support and encourage effective decision-making. Readers learn how to leverage hope, self-reflection, self-clarity, visioning, goal-setting, as well as planning, implementation, and adaptation strategies, to guide their careers.

The book challenges students to develop specific goals and plans, set those plans in motion, then utilize new experiences to inform their ongoing decision-making. The text provides stories, examples, case vignettes, activities, and assessments to reinforce the material. The Hope-Action Inventory helps student assess areas of opportunity and personal growth.

Career Flow and Development is an ideal resource for courses in career planning. It can also be used by career advisors working with students or within counseling programs to show future practitioners how to conduct career interventions.

Spencer Niles is the dean of the School of Education at The College of William & Mary and past president of the National Career Development Association. He was awarded the Thomas Hohenshil National Publication Award by the American Counseling Association in 2019.

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