PROFESSIONAL INTERCONNECTEDNESS

3 BIG IDEAS

Effective networks include close connections (e.g., colleagues/supervisors) and key collaborators (e.g., funders/policymakers, employers, professional associations)

Connectedness is multi-directional; you can learn from and inform others

Multi-disciplinary teams create space for coordinated interventions, shared learning, and synergies

2 WAYS TO PUT THIS INTO PRACTICE

Foster a “village” of supports through regular and strategic engagement /collaboration with professional networks, multidisciplinary teams, colleagues, employers, and funders

Seek out feedback, consultation, and supervision from trusted professionals to build your skills; share your learning with your network

1 NEXT STEP

Take stock of people you are professionally connected to. What gaps do you see?

To whom might you reach out? How/when will you do that (e.g., email within 1 week)

ADDITIONAL RESOURCES

Arthur, N., Borgen, R., & McMahon, M. (2025). Career development practices: What theories and models have to offer. *Canadian Journal of Career Development, 24*(1), 85-105.

Arthur, N., Borgen (Neault), R., & McMahon, M. (2024). *Practice principles: Career theories and models at work*. CERIC.

- Chapter 9: Career Development Practice Involves Collaboration with Other Professionals (pp. 89-95)

Arthur, N., Neault, R., & McMahon, M. (2019). *Career theories and models at work: Ideas for practice*. CERIC.

10 Tips to Fit Professional Development Into a Busy Life

10 Tips to Get You LinkedIn

10 Ways to Connect at a Networking Event

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