



## 10 WAYS TO REMEMBER

Thank you to everyone who participated in our Remembrance Day survey. Based on this survey, we have created a list of 10 ways to remember. To view more details about the survey, please check out our [blog](#).

- 1. Wear a poppy.** The poppy is a quintessential symbol of remembrance and a signal that Remembrance Day is approaching. In Canada its customary to wear a poppy during the 2 weeks prior to November 11th and, according to our recent [survey](#), 83% of respondents wear a poppy – do you? [Click here](#) to learn more about the poppy campaign.
- 2. Solemnly reflect.** Over [35](#) million died in WW1 and over [60](#) million died in WWII – many of whom were civilians. Despite minor disruptions, we are very fortunate to live in a peaceful society, enjoying numerous freedoms and rights, largely thanks to the countless individuals who gave their lives to protect us. On Remembrance Day, take a quiet moment out of your busy life to reflect on the sacrifices made.
- 3. Attend or watch a ceremony.** Countless communities across Canada host ceremonies where the public can show their support and honour those who served, and who are still serving. To find a ceremony in your area see Veterans Affairs' [calendar of events](#).
- 4. Visit a friend/family member who has served.** For the many Canadians who have friends/family members who have served or are currently serving our country, through military service, Remembrance Day is a much more personal day of reflection. If you have a friend or family member who has served, this is a perfect time to reach out.
- 5. Share stories.** As time goes on, the memory isn't as fresh and sometimes the significance/importance of the day fades too. Sharing stories provides an opportunity to keep the memory alive – Do you know someone who served? What was that experience like? How does war impact you today?
- 6. Educate yourself.** There are countless documentaries, exhibits, memorials, and publications leading up to November 11th. Take the time to learn more about what happened; see [Veteran Affairs Canada](#) for some ideas and resources.
- 7. Educate the youth.** The younger generation may not have the contact with veterans of war in the same way that many older generations have. Reach out to youth; ensure they understand the importance of this day and why they, too, should never forget. Check out Veterans Affairs' [Youth Corner](#) for resources.
- 8. Volunteer at the Legion.** The [Legion](#) is a non-profit veteran's organization with over 340,000 members across Canada. They offer services/programs to support veterans, seniors, youth, and the community. Find out how you can get involved, visit [www.legion.ca](#).
- 9. Advocate for veterans.** For individuals who have returned from war, it's often a difficult time of transition – many have experienced physical, mental, or emotional injuries that can scar for life. Veterans need our continued support, post-service, so that their quality of life is preserved. Advocate for much-needed services by bringing their stories to light and helping lobby for support.
- 10. Promote peace.** Remembrance Day is not to glorify war, but rather to remember the past and plan for a peaceful tomorrow. In examining the events and learning from the things that went wrong, we can build a more cohesive and peaceful nation.



## Coming FALL 2011

We hope you'll join us in our upcoming courses.

Click on the course names below for more information.

### Starting soon . . .

- [Career Coaching Skills - Nov. 2](#)
- [Case Manager - Nov. 2](#)
- [Let's CHAT! - Nov. 2](#)
- [Career Development Foundations, Emerging Theories and Models - Nov. 9](#)

### CMPP Courses:

- [Work Search Essentials 2: Interview and Negotiation Strategies](#)
- [Understanding Diverse Clients](#)
- [Ethics Essentials for Career Practitioners](#)
- [Career Management at Work: Keeping Employees Engaged](#)
- [International / Global Careers](#)

### e-Courses:

- [Start a Private Practice](#)
- [Budgets and Business Plans](#)

### Certificate Courses:

- [Consultants & Organizational Systems: Tips for Successful Interactions](#)
- [Psychometric Assessments](#)

[Click here](#) for our full course schedule

### Leadership Lessons for Transformational Times - webinar

During this 1 hour webinar, we will introduce 10 lessons to help keep leaders engaged and on track.

Tuesday November 22, 10:00am PT  
[Click here](#) for full details

# DID YOU KNOW?



The Ministry of Social Development has announced the successful proponents of the BC employment programs. As of April 2, 2012 these new service centres will open their doors. Visit <http://www.labourmarketservices.gov.bc.ca> to see the full list and/or to access more information about the business transformation.

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# NEW RESOURCES

**Student Tip Sheets.** Check out our Reconnect library for recently added tip sheets; tip sheet categories include: Group Facilitation, Helping Skills, Job Developer, Researching Workplace Trends, and Work Search. Log into our library at [www.learnonline.lifestrategies.ca](http://www.learnonline.lifestrategies.ca)



Check out our latest blog entry: **Leadership During BC's Business Transformation.**

# STUDENT OF THE MONTH



Ryan is an engaged student and has a methodical approach to his comments in the discussion forums. He is resourceful when it comes to finding supplemental information to support the discussion topics. He has a solid grasp of job development and is ahead of the assignment deadlines. It is a pleasure to have him in the class.

Ryan wrote, "My name is Ryan Bouffard and I'm very excited to be on the Job Developer course. I joined the Career Development field last year after a long and quite varied business career. A manufacturing company owner of 9 years, I.T. Analyst and Consultant for 25 years, in sales, and forever the artist - I also play the Steel Pan. The switch to Career Development was a positive and natural evolution. Job Development taps into my transferable skills and experiences from working with clients, teams and being in business. The participants in the course also have so much to share. It's so interesting and exciting to learn from others' experiences and for them to share their passion. I look forward to more. I especially thank Jayne for being such a terrific resource."

# CONGRATULATIONS



A huge congratulations to Maureen McCann as the winner in four categories with the Career Professionals of Canada:

- Outstanding Canadian Career Leader
- Outstanding Canadian Online Profile Developer
- Best Career Change Resume
- Best Creative Resume

Maureen recently joined our instructional team; we are thrilled to be able to share her expertise with Life Strategies' students. Join Maureen and Wayne Pagani as they instruct the [Job Club Coach](#) course starting May 2, 2012.



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