



Illuminations

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Life Strategies Newsletter
March, 2007

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KEEPING IN TOUCH with the life strategies team



Our theme this springtime is **new beginnings**...as you'll read on page 2, the Life Strategies team has made some major staff changes. We have also taken on several exciting new projects and are working with a variety of new partnerships and teams.

Springtime in our gardens is a time of hard work filled with anticipation. That's our experience in our office as well - hard work as we implement many new procedures and get used to new systems and software, but also a time of hope and optimism as we look ahead to a full and exciting season.

As many of you know, Deirdre and Roberta are sharing the role of executive coordinator for ENET (a professional association for career practitioners and rehabilitation professionals). We are in the midst of new beginnings there as well...with a similar sense of spring clean-up (read about our Journal Clearance on page 3) and also anticipation about exciting new projects and opportunities.

Life Strategies has recently launched our new website (and we're profiling our new look with this newsletter) and ENET is looking forward to a new website, too. (If any of you need an excellent "web guy," we highly recommend John Philpott (john@seescape.com)).

We're also thrilled with the successful publication of our new **Career Strategies** series (6 e-books, each on a topical career management theme). We've been working with Dr. Scott Wallace for all of our design projects (for both Life Strategies and ENET)...again, someone we would highly recommend! (scott_wallace@telus.net).

If you are anticipating changes this spring in your own career, you might enjoy the Scaling Up and Scaling Down workshops that Roberta is facilitating at SFU (see page 2).

We wish each of you a springtime of growth and hopeful new beginnings! Enjoy! ~ The Life Strategies Team

SFU WORKSHOPS - SCALING UP AND SCALING DOWN



We're often asked when Roberta will be facilitating something for the public, so we're excited to announce 4 events, organized by SFU's Continuing Studies - two at the brand new Surrey Campus and then the same workshops repeated in downtown Vancouver. Both workshops are on the topic of **Career Transitioning**: "Scaling Up - Early/Mid Career Transitions" and "Scaling Down - Late Career Transitions and Early Retirement."

"Scaling Up" is designed to "provide an opportunity for you to reflect on your career and equip you to proactively manage it. Begin by aligning

your personal and professional goals and benchmark your skills to those of people you admire. Learn what it will take to move your career to the next level by identifying industry and organizational trends and expectations. Leave the workshop with a success strategy that will position you for the next stage of your career."

"Scaling Up" will be held at SFU's Surrey Campus on **March 10th** from 10:00am to 1:00pm and at SFU's Vancouver campus on **April 16th** from 6:00pm to 9:00pm.

To register for Scaling Up go to: <http://www.sfu.ca/cstudies/mpprog/scaling-up.htm>

"Scaling Down" is designed to "help you develop a strategy for fully integrating your career with the rest of your life. Begin by reflecting on your current career/life situation, identifying what is working for you, and what is not. Learn to take charge of your career, making informed decisions

that will position you to live a life you will love. Whether you choose to retire from work, become self-employed, work part-time, or reposition your career and work full-out for many years to come, proactive career management will help ensure that this next stage of your life is both satisfying and purposeful."

Scaling Down will be held at SFU's Surrey Campus on **March 17th** from 10:00am to 1:00pm and at SFU's Vancouver campus on **April 19th** from 6:00pm to 9:00pm.

To register for "Scaling Down" go to: <http://www.sfu.ca/cstudies/mpprog/scaling-down.htm>

CONFERENCE PRESENTATIONS

Deirdre and Roberta hope to see some of you at the upcoming Career Development Conference in Vancouver (March 14 - 15); Roberta will also be at NATCON, in Toronto, the following week (March 19 - 21).



Thank-You and Farewell

Life Strategies has recently restructured to better accommodate our current and upcoming projects and the "virtual reality" within which we work (i.e., all of us work from home offices based in diverse communities, and a very large percentage of our work is now done online.)

Unfortunately, as with most decisions, there are losses as well as gains. Every member of our team has made wonderful contributions (and was great to work with). We'll really miss Sue Hession, Elaine Winnett, Melanie Heck, and Carrie Snalam and would like to extend our sincerest appreciation for their hard work, dedication, and lively spirits during their terms of employment at Life Strategies. Each of them have exciting new changes in their own lives - and we'll very much look forward to staying in touch.

Congratulations

Congratulations to our recent Career Management Professional Program Graduates:
 Career Transition Specialist Certificates - Brenda Lee & Debra McDermott
 Employment Facilitaiton/Work Search Specialist Certificates - Dorothy Zwolski & Yves Gagnon
 Personal and Professional Development / Life Skills Coach - Donna Alton & Nadine Cape

ENET JOURNAL SALE



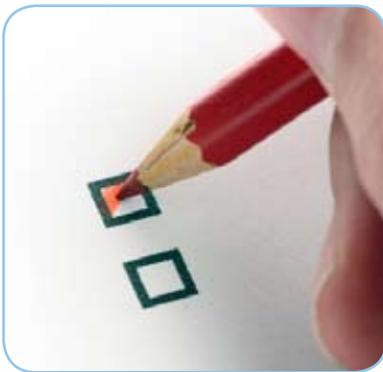
ENET Educational Society is having a [Journal Clearance Sale](#) of all of their “out of print” journals. This sale is open to all ENET Society members and also to the general public, on a first come, first served basis. With topics ranging from “Looking at Immigrant Employment Issues” to “So You Want to be Self-Employed,” ENET journals are great resources for individuals managing their own careers and those working as career management professionals. They are useful as client resources in career centres and mini-textbooks for students in Career Development related programs.

For this one time super sale, ENET has bundled topical journals to facilitate bulk orders. To purchase ENET journals, visit the ENET Educational Society website at www.enetsociety.com. Click on “Journals and Publications” from the menu on the

left and then click on “journals” to access journal descriptions, order forms, and clearance sale flyers.

For more great career related resources, check out the Life Strategies Online Store to purchase Roberta Neault’s new Career e-books “Career Strategies for a Lifetime of Success.” There are six e-books in this series and each e-book can be purchased separately at an affordable price.

CAREER MANAGEMENT PROFESSIONAL PROGRAM



Come join the Career Management Professional Program! If you are interested in accessible, affordable, and flexible professional development as a career practitioner, the Career Management Professional Program (CMPP) is the program for you. With seven areas of specialization and a fully online e-learning format the CMPP is unmatched for convenience and relevant training in the field.

Each course runs for two-weeks; students log on daily to learn at their own convenient time. Courses involve completing assignments, reading resources, and getting involved in rich discussions with students and facilitators. For more information on the CMP program visit the newly revised Life Strategies website at: <http://lifestrategies.ca/training.cfm>.

Upcoming courses include:

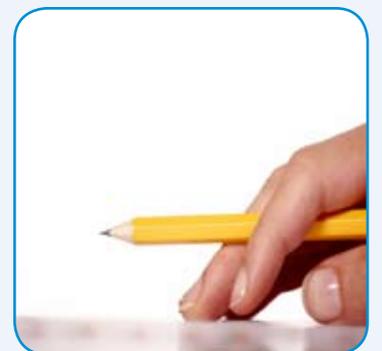
- Administering and Interpreting Career Assessments - Starts March 14th
- Career Management at Work: Keeping Employees Engaged - Starts March 21st
- Work Search Essentials 2: Interview and Negotiation Strategies - Starts March 28th
- Placement and Monitoring - Starts April 4th
- Understanding Diverse Clients - Starts April 11th
- Group Facilitation Strategies for Career Programs - Starts April 25th
- e-Coaching - Starts May 2nd
- Career Coaching Skills - Starts May 9th

CAREER MANAGEMENT PROFESSIONAL PROGRAM

Advisory Board

Life Strategies Ltd. has organized an [Advisory Board](#) specifically for the Career Management Professional Program. Board members were selected based on their expertise in the field, regional diversity, and familiarity with the CMP program or development team.

Our board comprises members from most Canadian Provinces and Territories, plus one international member from Dubai! Should you have any comments, questions, or issues you would like the board to discuss, please contact Fiona at studentadvisor@lifestrategies.ca, and she will pass your message on to the board.



PROFESSIONAL DEVELOPMENT OPPORTUNITIES

WHAT	WHEN	FOR WHOM	REGISTRATION DETAILS
Career Management Professional Program	Courses start every Wed beginning in September. Online	HR Professionals Career Practitioners Teachers Counsellors	\$279.00 + GST 10% discount when registering for 3 CMPP courses at once For details, visit http://lifestrategies.ca/training.cfm
ENET Educational Society Training Days	Training Days take place the first Wednesday of every month	HR Professionals Career Practitioners Teachers Counsellors	\$10.00 - Including Tax - Members \$30.00 - Including Tax - Non-Members For details, visit www.enetsociety.com
Scaling Up and Scaling Down - SFU Workshops	March 10 & 17 April 16 & 19 SFU's Surrey & Vancouver Campus	Individuals undergoing early and late career transitions	\$75.00 + GST For details, visit http://www.sfu.ca/cstudies/mpprog/scaling-up.htm and http://www.sfu.ca/cstudies/mpprog/scaling-down.htm
PD Bridging and Level 1 and Level 2 Training	March 29-31 Coquitlam, BC	HR Professionals Career Practitioners Teachers Counsellors	Bridging - \$299.00 + GST Level 1 and Level 2 - \$795.00 + GST For details, visit http://lifestrategies.ca/training.cfm
Survivability Coach and Workshop Leader Training	April 11-24 Online	HR Professionals Career Practitioners Teachers Counsellors	Coach & Leader Training - \$1001.35 + GST Coach Training - \$898.42 + GST Leader Training - \$911.50 + GST For details, visit http://lifestrategies.ca/training.cfm
Blueprint for Life/Work Designs Orientation	April 25-May 1 Online	HR Professionals Career Practitioners Teachers Counsellors	Materials on CD-ROM - \$179.00 + GST Printed Materials - \$189.00 + GST For details, visit http://lifestrategies.ca/training.cfm
An Introduction to SocioDynamic Counselling... Continuing the Legacy of Dr. R. Vance Peavy	May 21-22 Coast Plaza Hotel and Suites	Career Counsellors A workshop on the language, concepts, and tools of SocioDynamic Theory	\$195.00 To register provide the Canadian Career Development Foundation with: Name, Organization, Title, Mailing Address, Telephone/fax numbers, and Email. If paying by credit card provide: Credit card number, Expiry date, Cardholder name, and Signature. Cheques and information can be sent to the Canadian Career Development Foundation or email l.mccauley@ccdf.ca



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ABOUT LIFE STRATEGIES

Life Strategies specializes in career management and leadership development services for individuals and organizations, psychometric assessment services, training, and e-learning initiatives. We provide professional development and train-the-trainer sessions for human resources professionals, career practitioners, career management professionals, and counsellors. In all our work we strive to build capacity within individuals and organizations through consultation, facilitation, coaching, and training.

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