

## Personality Dimensions® Facilitator (Level 1)

### Course Outline

#### Course Developer(s)

Dr. Roberta Neault, CCC, CDDP, GCDF-i  
Dr. Deirdre Pickerell, CHRP, GCDF-i  
Cassie Taylor, BAA

#### Course Format

2 weeks, 10-12 hours per week

#### Course Prerequisites

Participation in a Personality Dimensions® *Awareness Workshop* highly recommended.

#### Course Description

Personality Dimensions® is a comprehensive model that deepens understanding of, and appreciation for, individual differences. To use this model, facilitators need to successfully complete Facilitator Qualification (Level I) training.

#### Course Objectives

##### General:

Course participants will develop/enhance their knowledge of Personality Dimensions® with a specific focus on understanding personality type/temperament history; exploring the tool's history, development, and components; and preparing for, delivering, and marketing Personality Dimensions® workshops.

##### Learning Objectives:

Upon successful completion of this course, students will be able to:

- Identify their preferred training and communication styles
- Recognize and appreciate the diverse styles of others
- Be able to explain key concepts of temperament theory
- Become familiar with a variety of Personality Dimensions® components and understand how they were developed
- Be equipped to develop, market, and facilitate Personality Dimensions® awareness and application workshops
- Learn strategies to adjust workshops to meet the learning styles of diverse participants
- Learn to customize workshops using a variety of components and experiential activities

#### Required Texts / Supplies

Personality Dimensions® Facilitator (Level 1) Training package. This package is included in course fees and will be delivered to registered participants.



## Additional Readings

Throughout the course, relevant readings will be posted on our website. Plan to spend a minimum of 2-3 hours per week on the readings.

## Course Completion Requirements

Students must achieve an overall grade of at least 80% to successfully complete a course. If absent or offline for more than 48 consecutive hours, students are required to contact the instructor.

Participation	25%
Workshop Outline	10%
Unique Workshop Activity	15%
Exam (80% score required to pass)	25%
Practice Workshop & Reflection (post-training)	25%

## Online Instruction Overview

This online course will be conducted using the “Moodle” course management system. Registered students will receive log-in instructions by email the Monday prior to the course start date. This system relies on asynchronous discussion forums (i.e., participants post when it’s convenient for them, not during a scheduled time slot). However, from time to time, we may schedule live “chats” using Instant Messaging software (e.g., Skype, GoToMeeting).

Online learning offers amazing opportunities for shared learning. Many experts in the field believe that the best learning online occurs in the discussion forums and that the posted course content may take on a secondary importance. Although this course will provide comprehensive content, your active participation in the discussion forums (i.e., checking in and briefly posting once or twice per day to each open discussion) will enrich your learning significantly.

## Operational Requirements

As this course is offered entirely online, students must have reliable Internet access and be comfortable using Internet technology and participating in discussion forums.

Although there are no scheduled classes, students will be expected to spend a similar amount of time on this course as they would in a classroom-based environment of 20 hours.

Documents will be posted in Word, PowerPoint, and PDF —students must be able to download these documents and also upload similar documents.

## Accommodation

If you have a disability that needs accommodation for this course, please let us know and we will work with you to more effectively meet your needs.