

Career Theory Supplement

Course Outline

Course Developer(s)

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Course Format

10 hours, self-study

Course Prerequisites

Completion of *Career Development Foundations, Emerging Theories, and Models* or equivalent course as approved by Life Strategies Ltd.

Course Description

This course will expand on the traditional and emerging career development theories, models, and strategies introduced in *Career Development Foundations, Emerging Theories, and Models* to provide an additional 10 hours of career-theory training.

Course Objectives

General:

Participants will further enhance their knowledge of career development theories and skills in applying theories with clients.

Learning Objectives:

Upon successful completion of this course, students will be able to:

- Demonstrate an understanding of traditional and emerging vocational counselling theories and practices
- Explain the career development process
- Assist clients in a theory-based process of self-discovery, self-esteem building, and realistic goal setting
- Integrate career development theories with current labour market realities

Required Texts / Supplies

None

Additional Readings

Relevant readings will be provided via the self-study package. Plan to spend a minimum of 2-3 hours on the readings.

Course Completion Requirements

Students must achieve an overall grade of at least 80% on the required assignment to successfully complete this supplement.

Instructional/Technical Overview

This course will incorporate self-paced readings, activities, and a final assignment. Students can connect with the instructor via email to address any questions or concerns.

Students must have reliable Internet access and be comfortable using Internet technology.

Accommodation

If you have a disability that needs accommodation for this course, please let us know and we will work with you to more effectively meet your needs.